

HEAT 1

First name	Last name	Gender	Division (or single race)	Team (school or USATF member club)	Place	Time
Tyler	Van Dooren	Male	30 Ages 30-39	Club Northwest	1	09:26.2
James	Stadler	Male	Single Race Entry Only		2	09:33.1
Vincent	Recupero	Male	Single Race Entry Only	Blanchet/green lake harriers	3	09:37.0
Tyler	Graff	Male	Single Race Entry Only		4	09:38.4
Carter	Joy	Male	JR HS Junior (Grade 11)	Seattle Prep	5	09:39.4
Stephen	Bleakley-harris	Male	Single Race Entry Only	Rain City Flyers	6	09:40.1
Gabriel	Kary	Male	SR HS Senior (Grade 12)		7	09:41.1
Evan	Hardy	Male	20 Ages 20-29	CNW	8	09:42.3
Thomas	Mikkelson	Male	20 Ages 20-29	CNW	9	09:43.8
Miles	Trius	Male	JR HS Junior (Grade 11)	Seattle Prep	10	09:45.2
Nick	Slenning	Male	Single Race Entry Only		11	09:50.7
Luke	Sandmaier	Male	SR HS Senior (Grade 12)	Mercer Island High School	12	09:52.3
Owen	Powell	Male	FR HS Freshmen (Grade 9)	Mercer Island	13	09:52.7
Tre	Pepper	Male	SR HS Senior (Grade 12)	Woodinville High School	14	09:52.9
Bodie	Thomas	Male	Single Race Entry Only	UNA	15	09:53.1
Andrew	Walker	Male	Single Race Entry Only		16	09:54.9
Nicolas	Davila	Male	SO HS Sophomore (Grade 10)	Seattle Prep	17	09:55.5
Zach	Leader	Male	FR HS Freshmen (Grade 9)		18	09:56.0
Chris	Drozynski	Male	Single Race Entry Only	CNW	19	09:56.8
Eric	Gentry	Male	Single Race Entry Only	CNW	20	10:01.1
Kiefer	Law	Male			21	10:04.3
Elius	Graff	Male		SPU	22	10:07.0
Shane	Effgen	Male	FR HS Freshmen (Grade 9)	Seattle Prep	23	10:12.7
Lars	Eide	Male	JR HS Junior (Grade 11)	Mercer Island High School	24	10:16.6
Johnny	Dimantho				25	10:18.6
Holt	Witter	Male	SR HS Senior (Grade 12)	Seattle Prep	26	10:19.1
Will	Sandnes	Male			27	10:19.9
Paul	Young	Male	Single Race Entry Only	CNW	28	10:22.7
Joseph	Sigall	Male	SO HS Sophomore (Grade 10)	Redmond HS	29	10:23.7
Quenton	Lanese	Male	Elementary Intermediate (Grades	Barron Park Striders	30	10:27.1
Drew	Kolenski	Male	FR HS Freshmen (Grade 9)	Lakeside High School	31	10:27.4
Dash	Weber	Male	Single Race Entry Only		32	10:30.3
Richard	Waters	Male			33	10:31.1
declan	weber	Male	Single Race Entry Only		34	10:34.3
Douglas	Wallack	Male	20 Ages 20-29		35	10:40.7
Mitchell	Elam	Male	JR HS Junior (Grade 11)	Redmond High School	36	10:52.8
Matt	Perez	Male			37	10:54.7
Zach	Davis	Male	MS Middle School (Grades 7-8)	Rain City Flyers	38	10:57.1
Jakob	Finney	Male			39	11:17.5

HEAT 2

First name	Last name	Gender	Division (or single race)	Team (school or USATF member club)	Place	Time
Zachary	Fung	Male	30 Ages 30-39	Lake Sammamish Run Club	1	10:42.4
Chris	Anderson	Male	30 Ages 30-39		2	10:42.7
Kenji	Tanaka	Male	20 Ages 20-29		3	10:44.2
Chris	Maske	Male	20 Ages 20-29		4	10:48.9
Luke	Blomberg	Male	SO HS Sophomore (Grade 10)	Edmonds Woodway High School	5	10:49.2
Ryker	Demick	Male	Single Race Entry Only	Bishop Blanchet	6	10:49.3
Kai	Ushikubo	Male	JR HS Junior (Grade 11)	Edmonds Woodway	7	10:58.1
Matt	Vidas	Male	30 Ages 30-39		8	10:58.7
Ichiro	Katagiri	Male	SO HS Sophomore (Grade 10)	Henry M. Jackson	9	11:11.9
Nick	Johnson	Male	Single Race Entry Only		10	11:15.2
	Modesto	Male			11	11:16.9
Hudson	Hobbs	Male	JR HS Junior (Grade 11)	Ballard High School	12	11:20.2
Ethan	Urquhart	Male	MS Middle School (Grades 7-8)	RCF	13	11:23.2
John	Collins	Male	Single Race Entry Only		14	11:23.4
Matthew	Fairwell	Male	MS Middle School (Grades 7-8)	Club Northwest	15	11:25.5
Jamie	Miller	Male	M40 Ages 40-44 men	Lake Sammamish Run Club/RS4L	16	11:37.0
Daniel	He	Male	JR HS Junior (Grade 11)	Jackson High School	17	11:39.3
Sarah	Paquet	Female	20 Ages 20-29		18	11:40.4
Caroline	Koplowitz	Female	30 Ages 30-39	Club Northwest	19	11:41.9
Rachel	Cundy	Female	20 Ages 20-29	Bellingham Distance Project	20	11:46.0
Steve	Heaps	Male	M55 Ages 55-59 men	CNW	21	11:52.0
Aimie	Shaw	Female	30 Ages 30-39		22	11:53.7
Carter	Castle	Male	SO HS Sophomore (Grade 10)	South Whidbey High School	23	11:59.0
Sharon	Gutierrez	Female	SR HS Senior (Grade 12)	Edmonds Track & Field	24	12:04.3
Jemma	Willcox	Female	SR HS Senior (Grade 12)	Edmonds Woodway High School	25	12:05.2
Mia	Roberts	Female	Single Race Entry Only		26	12:10.7

HEAT 3

First name	Last name	Gender	Division (or single race)	Team (school or USATF member club)	Place	Time
Colin	Dunlap	Male	SR HS Senior (Grade 12)	Ballard	1	12:00.8
Jake	Thompson	Male	SO HS Sophomore (Grade 10)	Edmonds-Woodway	2	12:08.8
Alex	Maeda	Male	Single Race		3	12:18.0
Selena	Bangerter	Female	FR HS Freshmen (Grade 9)	Henry Jackson H.S.	4	12:20.8
Kevin	Rovegno	Male	30 Ages 30-39		5	12:25.8
Doug	Fulton	Male	60 Ages 60-69		6	12:31.0
Denis	Villeneuve	Male	60 Ages 60-69	CNW	7	12:36.2
Payton	Conover	Female	SO HS Sophomore (Grade 10)	Meadowdale High School	8	12:40.0
Stella	Smith	Female	SR HS Senior (Grade 12)	ETC	9	12:40.7
Ansel	Janes	Male	EI Elementary Intermediate (Grades 4-6)		10	12:41.7
Mia	Moore	Female	30 Ages 30-39	CNW	11	12:42.7
Rosamarie	Bateman	Female	CU Community College University Student		12	12:44.6
Martina	Landa	Female	SO HS Sophomore (Grade 10)	ETC	13	12:50.3
Jordan Mae	Daligcon	Female	EI Elementary Intermediate (Grades 4-6)	Cascade Striders/Magnolia Elementary Orcas	14	12:51.6
Caitlin	Lanese	Female	EI Elementary Intermediate (Grades 4-6)	Barron Park Striders	15	12:52.3
Christopher	Lanese	Male	30 Ages 30-39		16	12:52.5
Sean	Brennan	Male	M55 Ages 55-59 men		17	12:56.0
Jill	Philbin	Female	SR HS Senior (Grade 12)	Ballard High School	18	13:13.7

HEAT 4

First name	Last name	Gender	Division (or single race)	Team (school or USATF member club)	Place	Time
Will	Thompson	Male	MS Middle School (Grades 7-8)	Brier Terrace	1	12:57.9
Naomi	Atwood	Female	SO HS Sophomore (Grade 10)	South Whidbey High School	2	13:06.0
Reed	Atwood	Female	EI Elementary Intermediate (Grades 4-6)	South Whidbey	3	13:06.2
Kassy	Bargfrede	Female	F50 Ages 50-59 women		4	13:13.1
Mike	Schemmel	Male			5	13:29.8
Macy	Tran	Female	SO HS Sophomore (Grade 10)	ETC	6	13:32.5
Chloe	Bargfrede	Female	SO HS Sophomore (Grade 10)	Ballard	7	13:35.1
Martina	Rodriguez-Ville	Female	EP Elementary Primary (Grades 3-under)	Rain City Flyers	8	13:38.2
Ella	Suico	Female	JR HS Junior (Grade 11)	ETC	9	13:39.7
Joshua	Blomberg	Male	30 Ages 30-39		10	13:47.4
Mike	Oliveira	Male	M45 Ages 45-49 men		11	13:55.8
Audrey	Gmerek	Female	SO HS Sophomore (Grade 10)	South Whidbey High School	12	14:33.0
Sima	Janes	Female	EP Elementary Primary (Grades 3-under)		13	15:00.5

HEAT 5

First name	Last name	Gender	Division (or single race)	Team (school or USATF member club)	Place	Time
Sienna	Nissen	Female	MS Middle School (Grades 7-8)	South Whidbey Middle School	1	13:46.7
Ian	Schaub	Male	SR HS Senior (Grade 12)	Ballard High School	2	13:50.5
Angela	Gaviola	Female	SO HS Sophomore (Grade 10)	ETC	3	13:54.0
Kayla	Radovich	Female	SO HS Sophomore (Grade 10)	Edmonds Woodway High School	4	13:55.7
Amy	Philbin	Female	SO HS Sophomore (Grade 10)	Ballard High School	5	14:19.6
Lily	Kamila	Female	SO HS Sophomore (Grade 10)	ETC (Edmonds Track Club)	6	14:19.8
Jose	Ermmanrel Gutenez	Male			7	14:20.2
Kay	Downes-Allen	Female	F40 Ages 40-49 women	Team7Hills	8	14:21.4
Danielle	Gaviola	Female	SO HS Sophomore (Grade 10)	ETC	9	14:22.3
David	Anderson	Male	60 Ages 60-69	CNW	10	14:34.7
Joy	Chan	Female	30 Ages 30-39	Lake Sammamish Run Club	11	14:39.0
Laura	Bangerter	Female	F40 Ages 40-49 women		12	14:48.7
Brenda	Carter	Female	F50 Ages 50-59 women	Eastside Runners	13	15:10.6
Lindsay	Oliveira	Female	F40 Ages 40-49 women		14	15:10.8
Audrey	Henriques	Female	SR HS Senior (Grade 12)		15	15:17.4
Jim	McGill	Male	70 Ages 70-plus	Club Northwest	16	15:47.2
Sonya	Carter	Female	MS Middle School (Grades 7-8)	University Prep / Rain City Flyers	17	15:49.1
Emma	Trzupek	Female	JR HS Junior (Grade 11)	Redmond High School	18	15:57.6
Tanvi	Bedekar	Female	JR HS Junior (Grade 11)	Redmond high school	19	16:13.9

HEAT 6

First name	Last name	Gender	Division (or single race)	Team (school or USATF member club)	Place	Time
Damon	Giles	Male	FR HS Freshmen (Grade 9)	Nathan Hale HS	1	13:57.7
Grace	Gilson	Female	EI Elementary Intermediate (Grades 4-6)	CNW	2	14:09.0
David	Shepard	Male	M50 Ages 50-54 men		3	15:51.2
Pat	Rhoads	Male	M50 Ages 50-54 men		4	16:36.0
Alice	Shepard	Female	F40 Ages 40-49 women		5	16:55.5
Traci	Bianchini	Female	F50 Ages 50-59 women		6	17:14.6
Hope	Woolley	Female	EI Elementary Intermediate (Grades 4-6)	Rain City Flyers	7	17:28.2
Melissa	Woolley	Female	F40 Ages 40-49 women		8	17:29.8
Karl	Kunkle	Male	60 Ages 60-69	Club NW / RS4L	9	19:30.9
Heather	Krause	Female	F50 Ages 50-59 women		10	23:31.8
Tom	Rovegno	Male	60 Ages 60-69		11	24:16.7
Mariika	Krause	Female	FR HS Freshmen (Grade 9)	Ballard High School	12	29:07.4

VIRTUAL

Last Name	First Name	Bib Number	Division	Time (H:MM:SS)	Race Method	place
Munro	Laura		Ages 30-39 Women	0:12:45	Track	1
Patrin	Sophia		HS Sophomore (Grade 10) Girls	0:13:47	Track	2
Eno	Alicia		Ages 40-49 Women	0:14:10	Track	3
Klingman	J.D.	256	Ages 60-69 Men	0:14:45	Track	4
Muto	Paul		Ages 70 Plus Men	0:15:48	Track	5
Thomson	Ewen	401	Middle School (Grades 7-8) Boys	0:16:21	Track	6
Harvie	Sandra	271	Ages 40-49 Women	0:16:46	Road	7
Parker	Jacob	404	HS Freshman (Grade 9) Boys	0:17:47	Track	8
Gray	Patrick	457	Ages 70 Plus Men	0:19:10	Track	9