

24TH SJJ / NEW BALANCE WINTER GRAND PRIX TWO MILE SERIES
 Presented by Club Northwest • In Support of Nathan Hale HS Cross Country
 Race 5 of 6 -- Track Races -- Nathan Hale HS, Seattle • Saturday, February 1, 2020

Ov	PI	Heat	Place	Time	Bib	Last Name	First Name	Team	Sex	Division
1		1	1	9:31	283	Hartano	Dylan		M	CU College University
2		1	2	9:43	287	Gundlach	Kai		M	Single Entry February 1
3		1	3	9:45	13	Charbeneau	Brenden	Jackson HS	M	JR HS Junior Gr 11
4		1	4	9:46	222	Hansen	Jordan		M	JR HS Junior Gr 11
6		1	5	9:59	389	DiMartin	Nicky		M	Single Entry February 1
5		1	6	9:59	151	Schneider	William	CNW/Blanchet/RCFlyers	M	FR HS Freshman Gr 9
7		1	7	10:05	27	Doan	Richie	Renton HS	M	JR HS Junior Gr 11
8		1	8	10:07	390	Lewis	Micheal		M	Single Entry February 1
9		1	9	11:12	237	Schmidt	Luke		M	FR HS Freshman Gr 9
10		1	10	10:19	111	Moore	James	Club Northwest	M	30 Ages 30-39
11		1	11	10:20	226	Ponton	Josiah	Edmonds-Woodway HS	M	JR HS Junior Gr 11
12		1	12	10:30	185	Watson	Caleb	Ballard HS	M	SR HS Senior Gr 12
13		1	13	10:33	131	Ramos	Joshua	Jackson HS	M	SR HS Senior Gr 12
14		1	14	10:34	68	Jessee	Kadin		M	JR HS Junior Gr 11
15		1	15	10:37	378	Kebede	Thomas	Renton HS	M	SO HS Sophomore Gr 10
16		1	16	10:39	238	Bryan	Connor	Edmonds-Woodway HS	M	JR HS Junior Gr 11
17		1	17	10:40	375	Hernandez	Antonio		M	Single Entry February 1
18		1	18	10:40	252	Schulte	Rick		M	Single Entry February 1
19		1	19	10:41	8	Brenner	Alexander		M	20 Ages 20-29
21		1	20	10:41	312	Sauvage	Ben	Club Northwest	M	50 Ages 50-54
20		1	21	10:41	195	Meier	John		M	JR HS Junior Gr 11
22		1	22	10:42	376	Collins	John		M	45 Ages 45-49
27		1	23	10:50	391	Shin	Nathan		M	SR HS Senior Gr 12
30		1	24	10:54	85	Lacambra	Mathew	Edmonds-Woodway HS	M	Single Entry February 1
33		1	25	10:58	178	Twedt	Brady		M	JR HS Junior Gr 11
34		1	26	11:00	403	Perry	Joshua		M	Single Entry February 1
36		1	27	11:08	255	Anderson	Chris		M	Single Entry February 1
38		1	28	11:10	86	LaTurner	Cade	Cedarcrest HS	M	JR HS Junior Gr 11
39		1	29	11:14	36	Wagner	Ammon	CNW / Snohomish TC	M	FR HS Freshman Gr 9
23		2	1	10:42	377	Davis	Gary		M	Single Entry February 1
24		2	2	10:46	230	Gowans	Jason		M	45 Ages 45-49
25		2	3	10:48	189	Winegar	Brett		M	40 Ages 40-44
26		2	4	10:49	406	Endresen	Gabe		M	Single Entry February 1
28		2	5	10:53	256	Bury	Logan		M	Single Entry February 1
29		2	6	10:54	157	Shepard	James	Ballard HS	M	JR HS Junior Gr 11
31		2	7	10:55	67	Jenkins	Avery	Ballard HS	M	SO HS Sophomore Gr 10
32		2	8	10:56	240	Tremonte	Chris	Club Northwest	M	30 Ages 30-39
35		2	9	11:01	216	Fort	David		M	40 Ages 40-44
37		2	10	11:10	324	Stevens	Jonathan		M	20 Ages 20-29
40		2	11	11:16	292	Menanno	Alphonse		M	Single Entry February 1
41		2	12	11:20	253	Couvrette	David		M	Single Entry February 1
42		2	13	11:21	236	Steinhauer	Abbie		F	Single Entry February 1
43		2	14	11:28	357	Wallace	Braden		M	FR HS Freshman Gr 9
44		2	15	11:30	129	Wyche	Sam	Renton HS	M	JR HS Junior Gr 11
45		2	16	11:30	257	Thiem	Ethan		M	SO HS Sophomore Gr 10
46		2	17	11:32	54	Heaps	Steve		M	55 Ages 55-59
47		2	18	11:33	183	Vinkhampraseuth	Anouvin	Renton HS	M	FR HS Freshman Gr 9

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Ov	Pl	Heat	Place	Time	Bib	Last Name	First Name	Team	Sex	Division
48		2	19	11:33	249	Ly	Kerstin		F	Single Entry February 1
49		2	20	11:35	160	Sibole	Allie	Club Northwest	F	20 Ages 20-29
50		2	21	11:36	242	Hayes	Robert		M	Single Entry February 1
53		2	22	11:40	353	Wallace	Hudson		M	El Elem Interm Gr 4-6
55		2	23	11:42	251	Wagner	Aric	Club Northwest	M	40 Ages 40-44
56		2	24	11:44	76	King	Peter		M	JR HS Junior Gr 11
57		2	25	11:46	66	Jazosek	Brent	Club Northwest	M	40 Ages 40-44
58		2	26	11:47	57	Herb	Henry	Rain City Flyers	M	El Elem Interm Gr 4-6
64		2	27	11:58	184	Vordra	Sawyer	Cedarcrest HS	M	JR HS Junior Gr 11
68		2	28	12:02	90	Leo	John	Club Northwest	M	55 Ages 55-59
69		2	29	12:02	239	Renehan	John		M	Single Entry February 1
70		2	30	12:07	143	Rovengno	Kevin		M	30 Ages 30-39
76		2	31	12:29	288	Abdi	Mohamud		M	Single Entry February 1
80		2	32	12:36	223	Kim	Jeremy		M	SO HS Sophomore Gr 10
85		2	33	12:44	254	Couvrette-Merrick	Brent		M	Single Entry February 1
51		3	1	11:37	126	Rain	Matt		M	40 Ages 40-44
52		3	2	11:38	30	Dunlap	Colin	Ballard HS	M	SO HS Sophomore Gr 10
54		3	3	11:42	75	King	Hayden	Ballard HS	M	JR HS Junior Gr 11
59		3	4	11:48	83	Kolenski	Drew	Rain City Flyers	M	MS Middle Sch Gr 7-8
60		3	5	11:51	423	Swegler Richmond	Kaia		F	JR HS Junior Gr 11
61		3	6	11:53	121	Ott	Adam		M	45 Ages 45-49
62		3	7	11:56	187	Willcox	Jemma	Edmonds-Woodway HS	F	SO HS Sophomore Gr 10
63		3	8	11:57	385	Mirkin	Sarah		F	JR HS Junior Gr 11
65		3	9	11:58	188	Williams	Josh		M	45 Ages 45-49
66		3	10	11:59	169	Steffens	Conrad		M	55 Ages 55-59
67		3	11	11:59	244	McCammon	Avery		F	Single Entry February 1
72		3	12	12:07	120	Orozco	Jorge	Renton HS	M	SO HS Sophomore Gr 10
71		3	13	12:07	28	Doan	Benson	Dimmitt MS	M	MS Middle Sch Gr 7-8
73		3	14	12:11	?	Unknown				
74		3	15	12:23	418	Purcell	Quincy		M	FR HS Freshman Gr 9
75		3	16	12:25	162	Skoog	Anna		F	SR HS Senior Gr 12
77		3	17	12:32	355	Hays	Lulu		F	30 Ages 30-39
78		3	18	12:34	33	Wagner	Kaden		M	MS Middle Sch Gr 7-8
79		3	19	12:34	115	Nordland	Angus	Renton HS	M	SO HS Sophomore Gr 10
81		3	20	12:38	52	Hatzenbueler	Steve		M	45 Ages 45-49
82		3	21	12:41	41	Ganyard	Darrin	Ballard HS	M	45 Ages 45-49
83		3	22	12:43	88	Sant	Zach	Snohomish RC	M	El Elem Interm Gr 4-6
84		3	23	12:44	56	Herb	Jake	Rain City Flyers	M	El Elem Interm Gr 4-6
86		3	24	12:46	180	Urquhart	Ethan		M	El Elem Interm Gr 4-6
87		3	25	12:54	388	Reichman	Andrew		M	45 Ages 45-49
88		3	26	12:57	233	Drangsholt	Mark	Club Northwest	M	60 Ages 60-69
90		3	27	12:59	243	Jarosek	Isabelle		F	Single Entry February 1
91		3	28	13:00	92	MacDonald	Abbey		F	SO HS Sophomore Gr 10
92		3	29	13:01	163	Smith	Stella	Edmonds-Woodway HS	F	SO HS Sophomore Gr 10
94		3	30	13:10	231	Gowans	Janek	Rain City Flyers	M	El Elem Interm Gr 4-6
95		3	31	13:15	246	Souza Ponce	William		M	MS Middle Sch Gr 7-8
96		3	32	13:16	166	Souza Ponce	Eric	Ballard HS	M	JR HS Junior Gr 11

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98		3	33	13:18	1	Hill	Abigail	Lake Stevens HS	F	SR HS Senior Gr 12
99		3	34	13:19	106	MacManus	Maisie		F	FR HS Freshman Gr 9
104		3	35	13:36	284	Cousins	Jack		M	Single Entry February 1
137		3	36	15:19	?	Unknown				
143		3	37	15:52	96	Mayachar	Mia	Rain City Flyers	F	MS Middle Sch Gr 7-8
89		4	1	12:59	181	Urquhart	Mark	Rain City Flyers	M	45 Ages 45-49
93		4	2	13:07	82	Kolenski	Megan	Rain City Flyers	F	FR HS Freshman Gr 9
97		4	3	13:16	55	Herb	John	Rain City Flyers	M	45 Ages 45-49
100		4	4	13:29	3	Baker	Barry	Club Northwest	M	60 Ages 60-69
101		4	5	13:33	221	Fulton	Doug		M	55 Ages 55-59
102		4	6	13:34	81	Kolenski	James	Rain City Flyers	M	50 Ages 50-54
103		4	7	13:34	168	Steffens	Carson	Ballard HS	M	SO HS Sophomore Gr 10
105		4	8	13:38	147	Sayed	Nico		M	FR HS Freshman Gr 9
106		4	9	13:45	215	Lendrum Fort	Lilly		F	EP Elem Primary Gr 3-un
107		4	10	13:47	211	Schemmel	Michael	CNW / Shorecrest HS	M	45 Ages 45-49
108		4	11	13:49	146	Sayed	Robin		M	50 Ages 50-59
109		4	12	13:56	204	Anderberg	Mike		M	60 Ages 60-69
110		4	13	13:58	194	Oliveira	Mike		M	40 Ages 40-44
111		4	14	14:03	74	King	Emil		M	50 Ages 50-54
112		4	15	14:05	190	Wooley	Melissa		F	40 Ages 40-49
113		4	16	14:06	149	Schaub	Ian		M	SO HS Sophomore Gr 10
114		4	17	14:11	296	Sharpe	Les		M	Single Entry February 1
116		4	18	14:18	124	Ponce de Souza	Emi		F	40 Ages 40-49
115		4	19	14:18	155	Shaw	Aimie	Run Seattle 4 Life	F	30 Ages 30-39
117		4	20	14:20	165	Souza Ponce	Anya	Rain City Flyers	F	MS Middle Sch Gr 7-8
118		4	21	14:23	94	Masunaga	Mio	Club Northwest	F	MS Middle Sch Gr 7-8
119		4	22	14:24	63	Howard	Neal		M	30 Ages 30-39
120		4	23	14:28	34	Fortson	Edward	Run Seattle 4 Life	M	55 Ages 55-59
121		4	24	14:30	130	Rain	Tegan		F	MS Middle Sch Gr 7-8
123		4	25	14:36	43	Gilson	Grace	Club Northwest	F	EP Elem Primary Gr 3-un
122		4	26	14:31	102	McInnes	Stacia		F	50 Ages 50-59
124		4	27	14:41	260	Bowers	Madison	CNW / Lake Stevens HS	F	FR HS Freshman Gr 9
126		4	28	14:45	26	Degel	John		M	60 Ages 60-69
127		4	29	14:51	262	Weaver	Hannah	Ballard HS	F	SR HS Senior Gr 12
128		4	30	14:52	234	Siehl	Ruby	Ballard HS	F	SR HS Senior Gr 12
131		4	31	15:01	127	Rain	Libby		F	40 Ages 40-49
133		4	32	15:04	179	Urquhart	Alex	Rain City Flyers	F	EI Elem Interm Gr 4-6
134		4	33	15:08	294	Otis	Steve		M	50 Ages 50-54
135		4	34	15:10	293	Otis	Kelly		F	40 Ages 40-49
136		4	35	15:19	113	Muto	Paul		M	70 Ages 70-plus
138		4	36	15:27	158	Shepard	David		M	45 Ages 45-49
140		4	37	15:28	97	McDermott	John	Club Northwest	M	55 Ages 55-59
139		4	38	15:28	128	Rain	Luke		M	EP Elem Primary Gr 3-un
141		4	39	15:37	99	McGill	Jim	Club Northwest	M	70 Ages 70-plus
145		4	40	16:02	248	Abels	Kira		F	Single Entry February 1
146		4	41	16:11	84	Kunkle	Karl	CNW /Run Seattle 4 Life	M	60 Ages 60-69
149		4	42	16:21	103	McKay	Peter	CNW / Blanchet HS	M	55 Ages 55-59

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Ov	Pl	Heat	Place	Time	Bib	Last Name	First Name	Team	Sex	Division
152		4	43	16:46	247	Hasbrouck	Carleanne		F	Single Entry February 1
153		4	44	16:46	290	Cousins	Henry		M	Single Entry February 1
154		4	45	17:07	291	Causins	Ginelle		F	Single Entry February 1
125		5	1	14:44	116	Oliveira	Lindsay		F	30 Ages 30-39
129		5	2	14:56	133	Redpath	Etienne	Salmon Bay	M	MS Middle Sch Gr 7-8
130		5	3	14:59	12	Carter	Sonya	CNW/RCFlyers / UPrep	F	El Elem Interm Gr 4-6
132		5	4	15:02	232	Wingate	Kelsey		F	30 Ages 30-39
142		5	5	15:48	132	Randal	Scott		M	50 Ages 50-54
144		5	6	16:01	122	Phelps	Gareth		M	MS Middle Sch Gr 7-8
147		5	7	16:15	295	Hasegawa	Raphil		M	Single Entry February 1
148		5	8	16:17	227	King	Karen	Rain City Flyers	F	60 Ages 60-69
150		5	9	16:44	229	Pierson	Emmett		M	EP Elem Primary Gr 3-un
151		5	10	16:44	228	Pierson	Doug		M	40 Ages 40-44
155		5	11	17:30	429	Staples	Isaac		M	Single Entry February 1
156		5	12	17:54	42	Gierloff	Nora		F	50 Ages 50-59
157		5	13	18:27	35	Fisher	Judy		F	70 Ages 70-plus
158		5	14	18:28	384	Reade	Julia		F	Single Entry February 1
161		5	15	24:07	144	Rovegno	Tom		M	55 Ages 55-59
163		5	16	27:12	299	Mandi	Alison	Club Northwest	F	Single Entry February 1
164		5	17	27:12	216	Mandi	Nathan	Club Northwest	M	Single Entry February 1
165		5	18	32:17	259	Wright	Gary		M	70 Ages 70-plus
159		5	np	23:05	60	Hodges	Irene		F	El Elem Interm Gr 4-6
160		5	np	23:41	61	Hodges	Ines		F	El Elem Interm Gr 4-6
162		5	np	25:11	59	Hodges	Catherine		F	EP Elem Primary Gr 3-un
<p>ANALYSIS OF HEAT TIMES: Please see the notes on heat time frame parameters at the bottom of each page and the resulting shading applied in the "time" column. We rely on our participants to compete fairly — in this case, that means run WITH those folks who they should run with. In heat 1, seven people ran slower than the heat time frame. In heat 2, one ran faster and four ran slower. Heat 3 could have been a real problem — eleven ran faster by more than 5 seconds, while six ran slower, and we had lapping. Heats 4 and 5 combined was much less an issue, with two running faster and four running slower. Heat 5, where we are prepared for lapping anyway, had six runners running faster than the time frame, five by more than four seconds. We don't want to have to attach "time penalties" to those who finish well outside of the established time parameters, so be forewarned for the future!</p>										

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